9: Evans K-5 (ca. 1940) 1942
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town consists of streets of houses of peasant style strung end to end, picturesque with their washes of many colours, but perpetuating and even accentuating the filth which can be tolerated in a village setting of streams and fields but which becomes highly objectionable under urban conditions. On the other hand there are some spaciously-planned country towns which have an air of quiet opulence reminding one of the English heritage to which they owe their foundation. I am aware that in saying this I am ignoring the " inner flame " of the Irish towns, but it cannot be denied that externally they have much to learn from the older civic traditions of the sister isle. Dr. Arensberg has analysed the pattern of the country town and described it as " an extension townwards of the countryman's own social order." He shows that, until recent times, its economy has been that of distribution, not production. Banks and pubs and shops do most of the business and owing to the family system " Ireland is better supplied with shops, at least in number, than any comparable European nation." If we exclude the Lough Neagh basin, all the denser areas of population are coastal and most of the country's manufacturing industries are concentrated in the ports (Fig. 108).

To return to the fair, we have tried to show how the periodic gatherings in which they originated were associated with ritual and emotional experiences connected with the celebration of recurring events such as seed-time and harvest. Breaking the routine of toil, it is characteristic that much licence was permitted on these occasions. Until recent times a strong spirit of revelry and a temporary slackening of the moral code distinguished the great Irish fairs. Even to-day the police or civic guards make allowances for fair day and turn a blind eye to many offences against the law: it is recognized as a time of special licence. Games, dancing and faction fights were the order of the day once the buying and selling were over. Until a generation ago cruel "knuckle-dusters" (Fig. 109) were carried in readiness, and the countryman's heavy felt hat was worn as a defence against the blackthorn shillelagh.

Fig. 109.

10: Browne D-5 (1893) 1894
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Malformations are scarce, but as mentioned before (p. 323), arrest of growth of the pinna of the left ear was observed in one instance; and a boy with talipes equino-varus was seen near Westquarter; but his condition was said not to be congenital, but acquired as the result of an accident. 164 732

Herniæ have been of pretty frequent occurrence of late years, Dr. Hart having seen six cases since 1888, before which date he had no record of having observed any cases of it. Of these six, four were of inguinal hernia, three on the right side, and one on the left, one was a left femoral, and one, in a female child, umbilical. The sudden occurrence of so many cases in succession would seem to indicate some cause of recent origin; what this may be it is difficult to see, but it is ascribed by some to the new style of work required for the building of the fish-curing station, piers, and other relief work, requiring the lifting of heavy weights. 164 [464] [483]

Fevers.—Measles and scarlet fever have not been seen for some time. Some years ago there was an outbreak of enteric fever in Middlequarter, when a large proportion of the population of the hamlet were attacked by it, and there were several deaths.

"*Constitutional*" *diseases.*—Phthisis, though not common, is sometimes met with; and strumous affections, abscesses, &c., are not unfrequently seen, though not very numerous on the whole. The only wonder is that these affections are not more common, as the sanitary state of the houses is not by any means good; and it must be mainly due to their open-air life that they do not suffer more. Malignant disease is said to be unknown. Rheumatism, especially in the form of lumbago, is a very common complaint, but the acute form is rare. [364]

Dietetic Diseases.—These, with rheumatism and bronchitis, form the great majority of all the affections met with; the large extent to which fish and potatoes enter into their dietary may have something to do with this, but there can be no doubt that the use, or abuse, of tea must bear a certain amount of the blame. The most common forms of complaint are flatulence and constipation. As might be expected from the fact of fish forming a large part of the every-day food of the people, ento-parasites are among the most common of all troubles, about every tenth case applying for treatment being due to them. *Ascaris lumbricoides* is the worm most frequently found. 164 262

Respiratory Diseases.—Phthisis has been before alluded to; bronchitis and pneumonia are not uncommon in the winter months. 164

Local affections are but few, and those not very serious. *Eyes.*—Phlyctenular ophthalmia is not very common. *The teeth* are usually [142]